

IoT in E-health: Challenges - Opportunities

Prof. Ilangko Balasingham

Intervention Center, Oslo University Hospital, Oslo

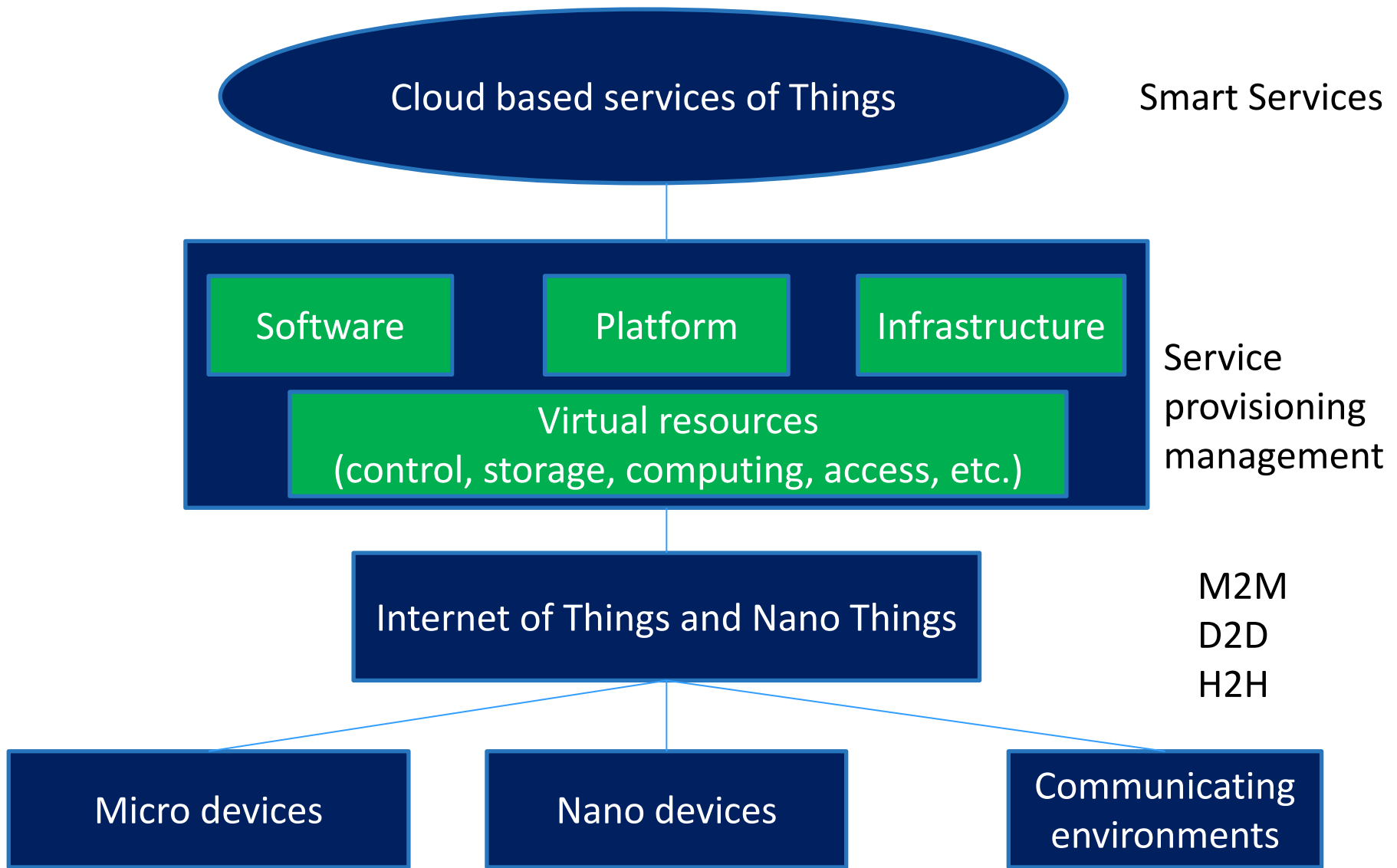
and

Department of Electronics and Telecommunications

Norwegian University of Science & Technology, Trondheim

and

Institute of Clinical Medicine, University of Oslo



Medical Sensing, Localization and Communications (MELODY)

Wireless healthcare



- WSN Mote**
- Wireless UWB
 - Relaying nodes in range
 - Small and battery operated

- Heart rate & breathing sensor**
- Medical UWB radar
 - Local detection and analysis
 - Wireless

- Implanted Glucose sensor**
- Wireless
 - Local analysis
 - Controlling insulin pump
 - Alarms

- Implanted Insuline pump**
- Wireless control of injection
 - Local drug delivery control
 - Smart delivery assessment

- Smart chair - smart bed**
- Vital signs detection
 - heart rate
 - cardiac output
 - Blood pressure

- WSN <-> WAN bridge**
- Data aggregation
 - Local proc/interpretation
 - Alarms
 - Encryption

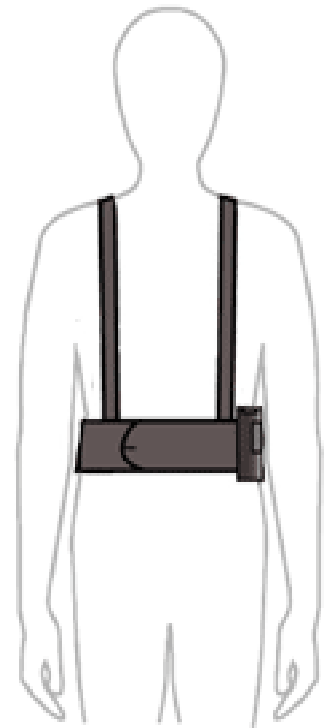
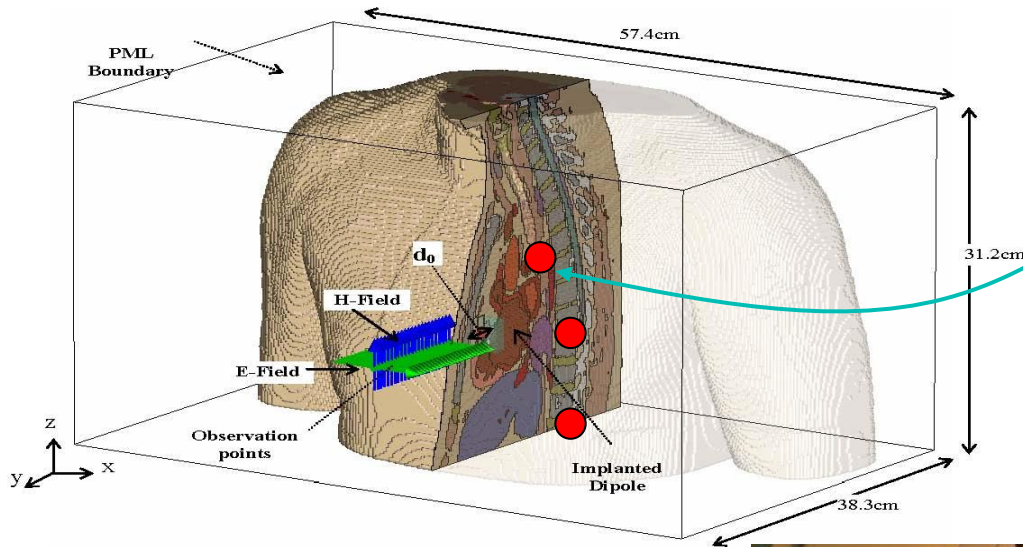
- Ear lobe oximeter**
- Blood oxygen saturation
 - Body temperature
 - Accellerometer
 - Wireless WSN using UWB



<http://www.melody-project.info> (2008-2015)



High Definition Video Capsule Endoscopy



Recorder Belt
on Patient



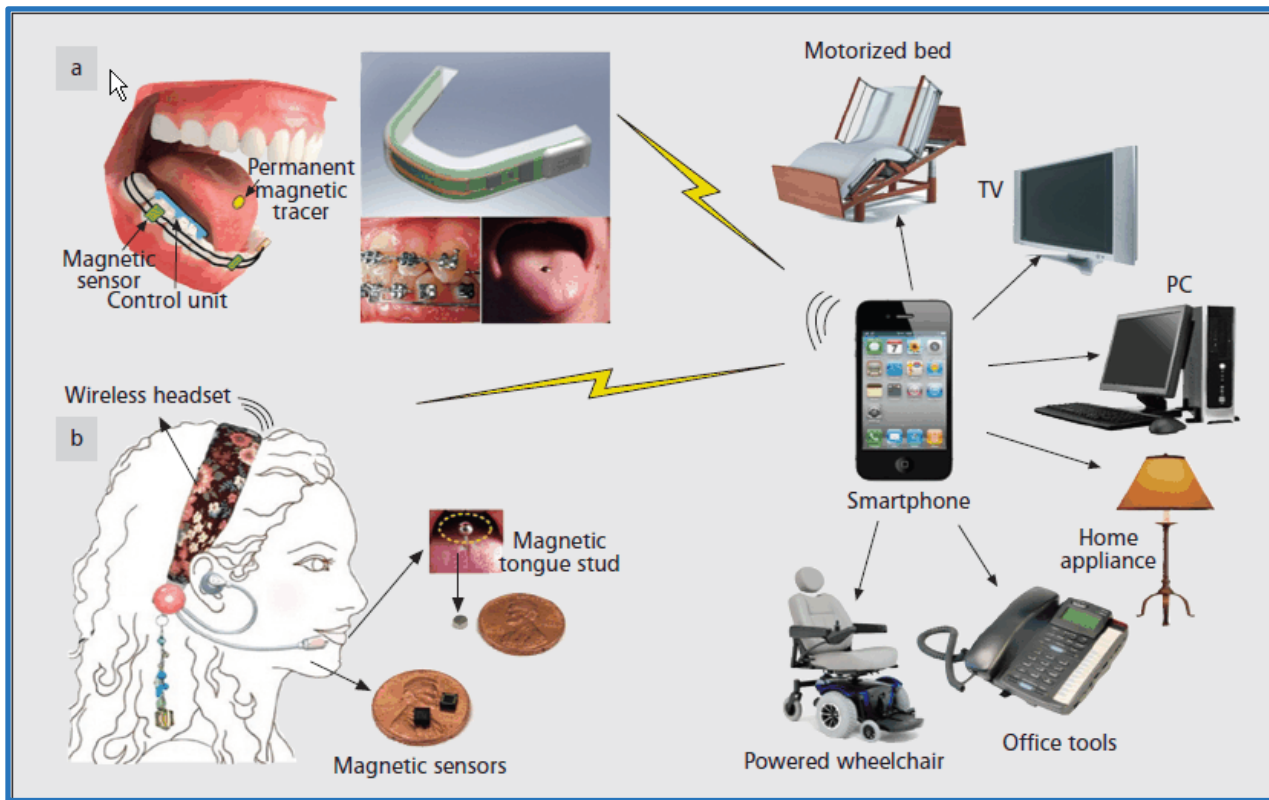
Blood sugar patch



AliveCor iPhone ECG

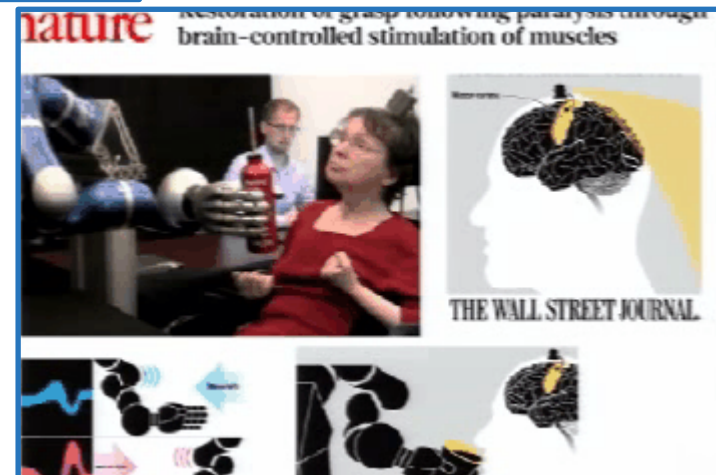


Accelerometer sensor

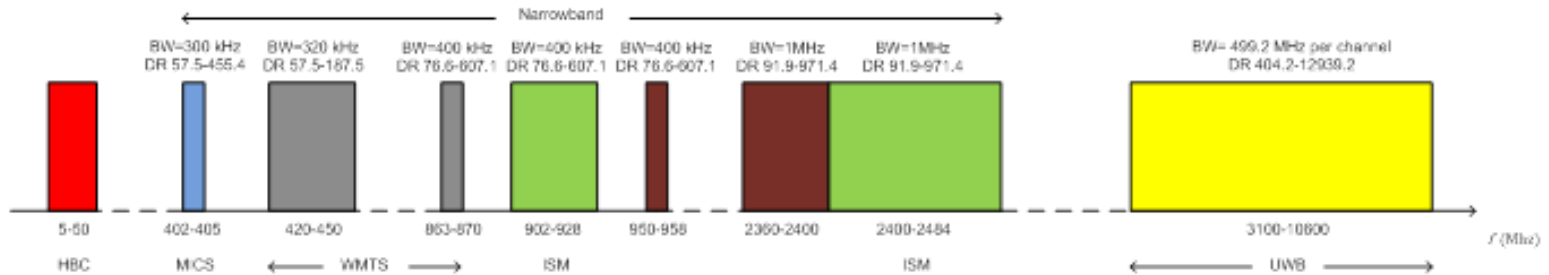


Tongue drive

Brain-computer-robotic controlled arm



Frequency spectrum and bitrates

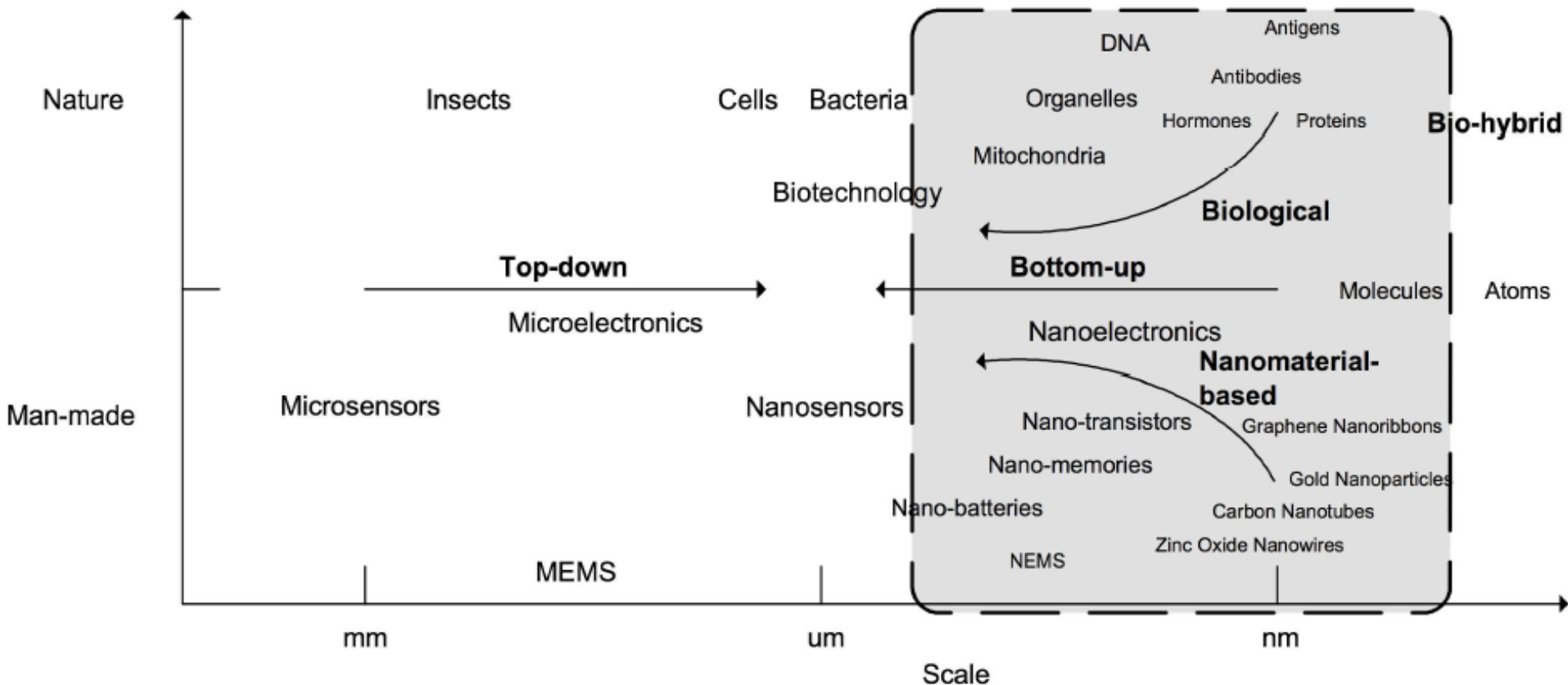


Application	Data rate	Power Consumption
ECG (12 leads)	288 kbps	Low
ECG (6 leads)	71 kbps	Low
Glucose monitoring	1600 bps	Very Low
SpO2	32bps	Low
WCE	>2Mbps	Low
WCE with VGA (640×480 pixel, 24 bits, 30 fps)	210.9 Mbps	Low
Blood Pressure	10 bps	High
Audio	1.4 Mbps	High
EMG	320 kbps	Low
EEG	43.2 kbps	Low
Neural Monitoring (for 512 sensors)	430 Mbps	Low

Future perspective

- Silicon technology era
 - is coming to an end (2030-2040)

- Molecular technology era
 - is starting and will be dominating our lives for next 80 years (2010 – onwards)



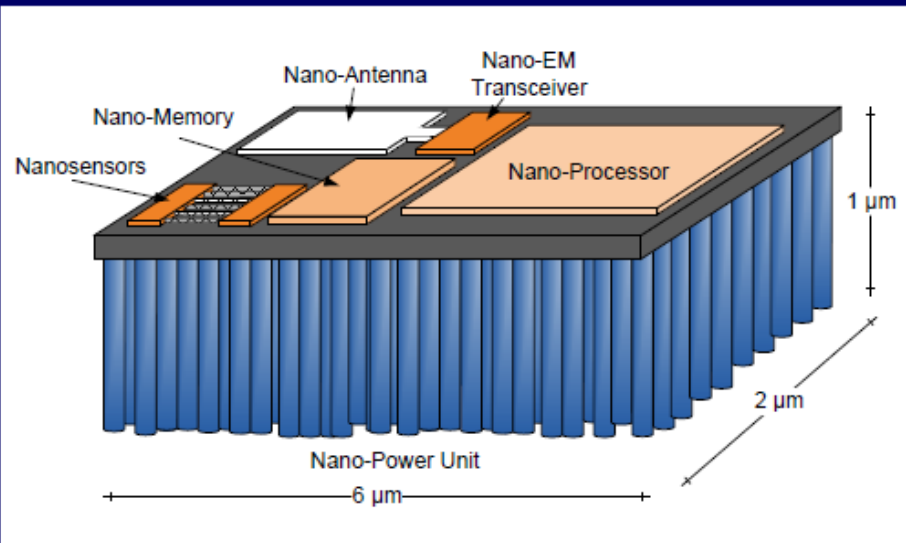
Nanomachine?

- **Definition:**
 - A device consists of nano-scale components, able to perform a simple specific task at nano-level
 - communicating, computing, data storing, sensing and/or actuation
- **Features:**
 - Self-contained
 - Self-assembly
 - Self-replication
 - Locomotion
 - Able to communicate in a cooperative manner for more complex tasks
- **Applications:**
 - Health status monitoring, diagnostics, targeted treatments, etc.
- **Two categories of nanomachines**
 - Biological nanomachines (molecular machines)
 - Nanomaterial-based nanomachines

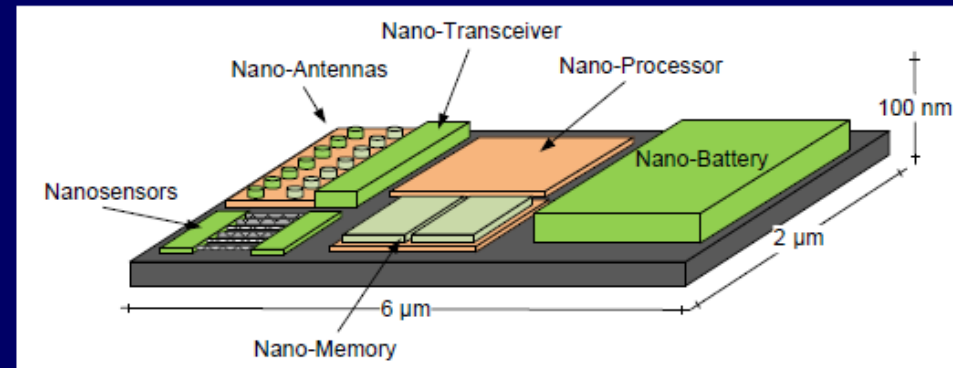


Design principles

Nanomaterial Based Design



Bio-inspired Design



- Ultra low power design
- Extremely small footprint
- Highly specific, accurate, and stable sensors

- Better energy scavenging with hibernation
- Flexible structure – bendable
- Bio-compatible

Progress

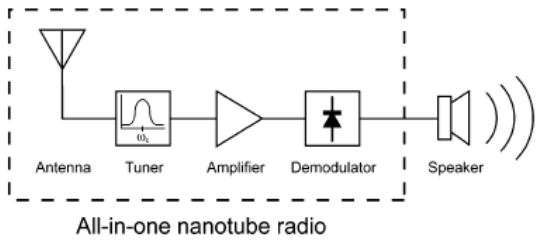
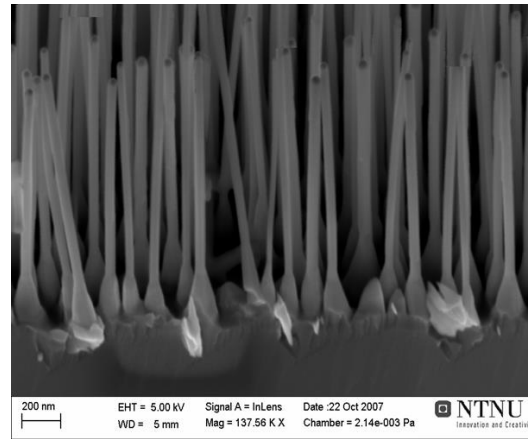
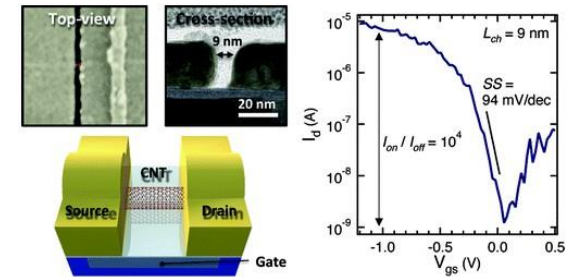


Figure 1. Block diagram for a traditional radio. All four essential components of a radio, antenna, tuner, amplifier, and demodulator may be implemented with a single carbon nanotube.

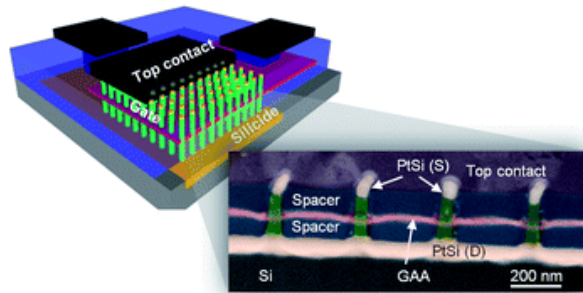
UC Berkeley 2007



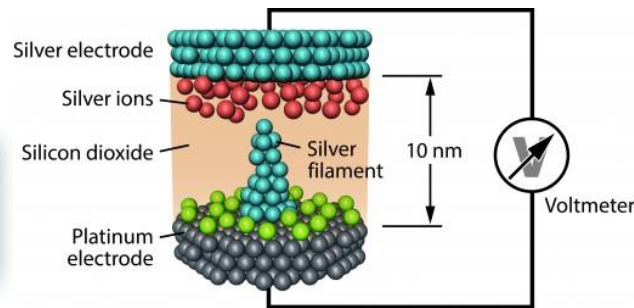
World first GaAs nanowires in graphene lattice, NTNU 2010



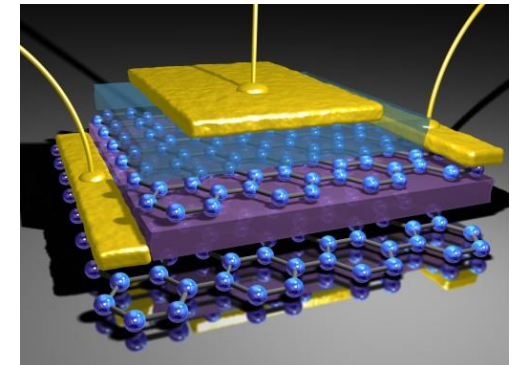
IBM's smallest nano transistor
700 – 1400 GHz. 2012



3D nanotransistors gate (red) surrounding
Vertical nanowires (gree)



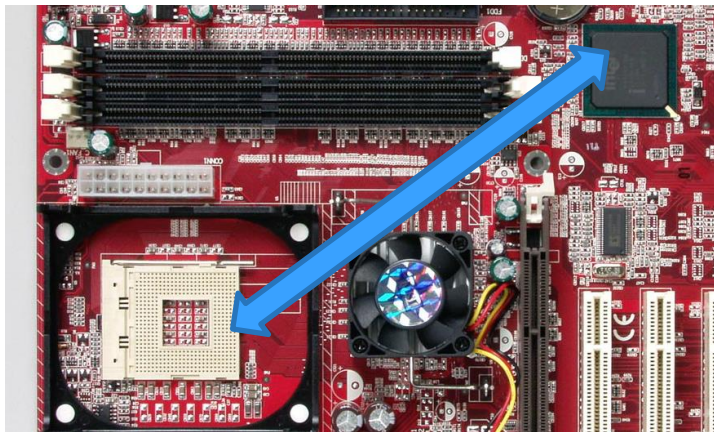
Nano batteries



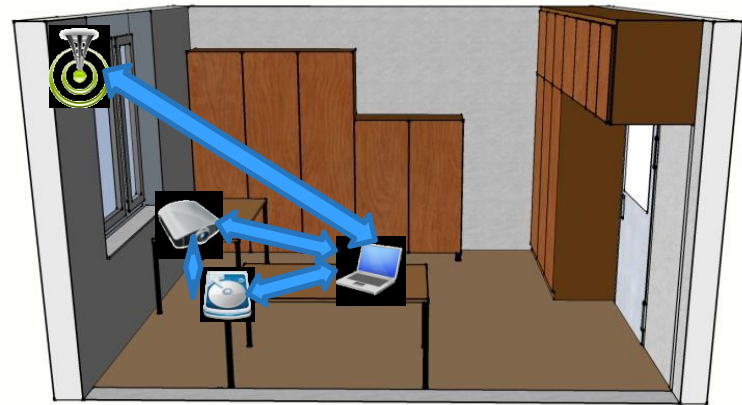
Nanotransistor based on two vertical graphene structures
FET Graphene Flagship, EU
(FET Human Brain Flagship, EU)

THz Band for Communications

- Nanonetworks: 300 GHz – 3 THz
- Drivers
 - Nanonetworks: Natural radiation of THz with **graphene** antenna
 - Wireless indoor for up to 0.5 Tbits/s



Chip-to-chip link



WLAN /WPAN

IEEE THz special interest group

Comparison

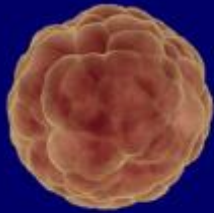
	2.4 GHz 5 GHz	60 GHz	300 GHz
Data rates	600 Mbits/s	4 Gbits/s	100 Gbits/s
Bandwidth	40 MHz	2 GHz	10 ... 100 GHz
Output powers (limitation)	22 dBm (regulation)	10 dBm (regulation & technology)	10 dBm (only technology)
Path loss at 10 m	ca. 60 dB	ca. 88 dB	ca. 101 dB
Antenna gains	ca. 3 dBi	15 - 25 dBi	20 – 40 dBi

- Huge bandwidth
- Very high path losses
- Low output power

IEEE THz special interest group

Biology: radically different

- **Cells are nanoscale-precise biological machines**



Eukaryotic Cell



Prokaryotic Cell

- **They communicate and interact/cooperate**

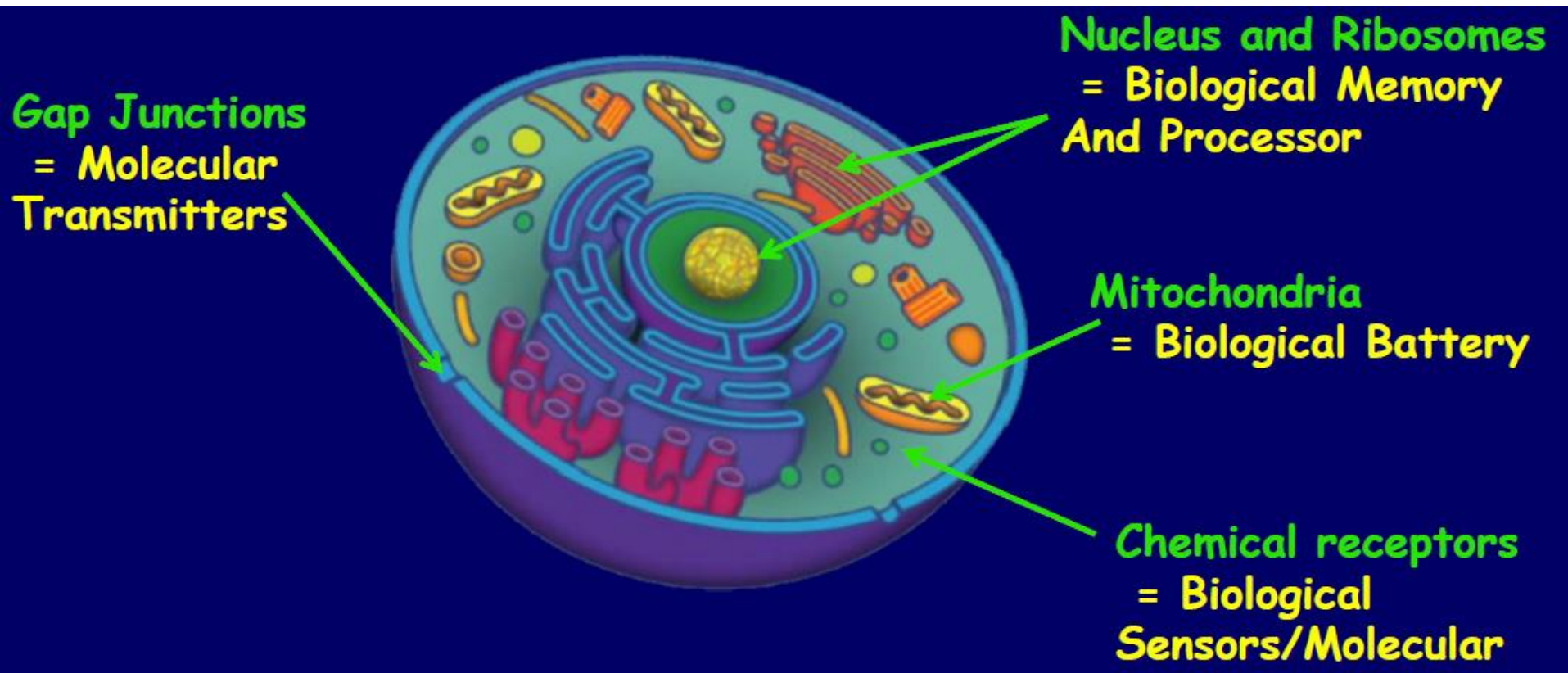


Eukaryotic Cell Tissue



Bacteria Population

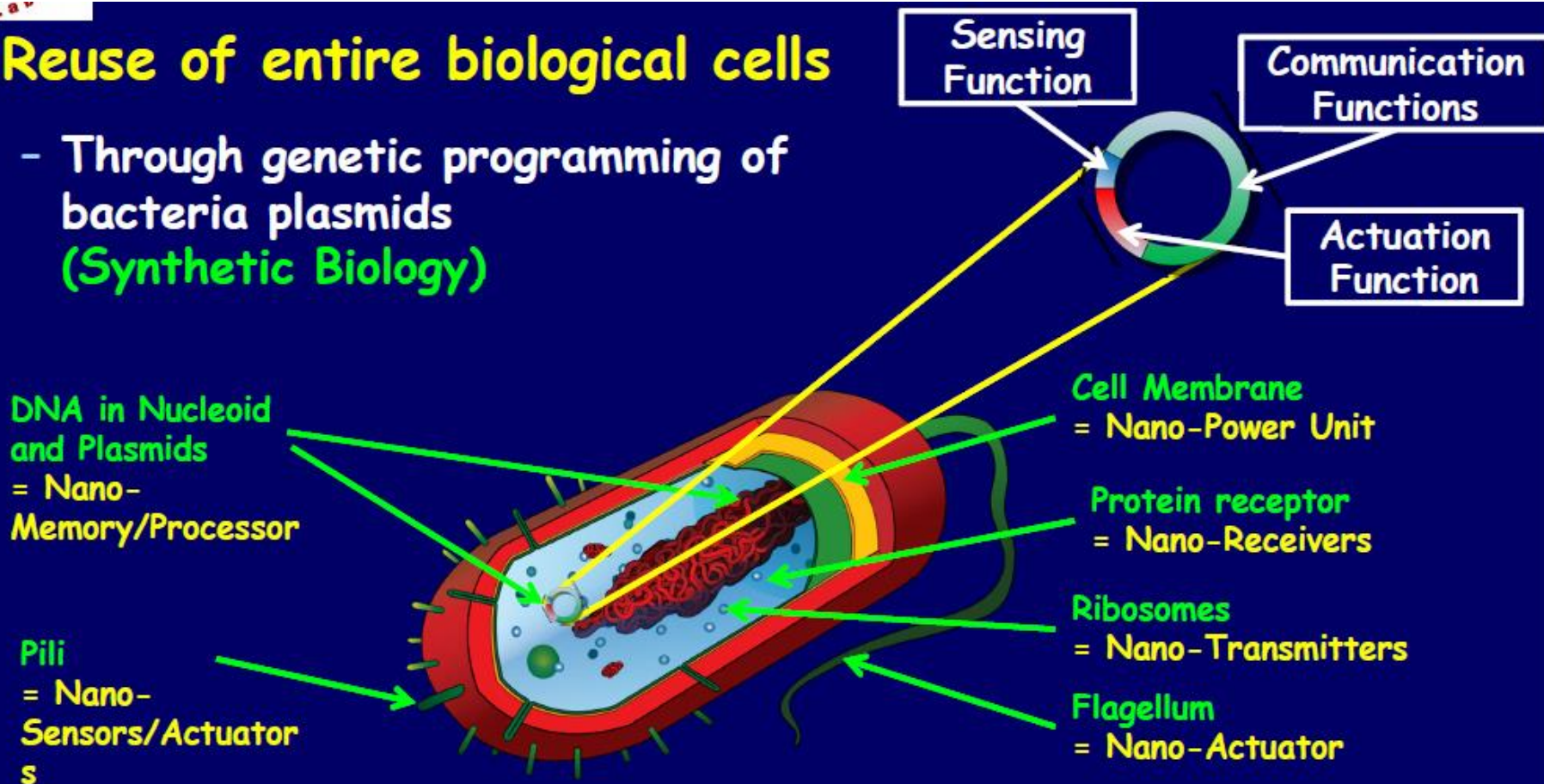
Cells as biological nanomachines



Bacteria-based nanomachines

■ Reuse of entire biological cells

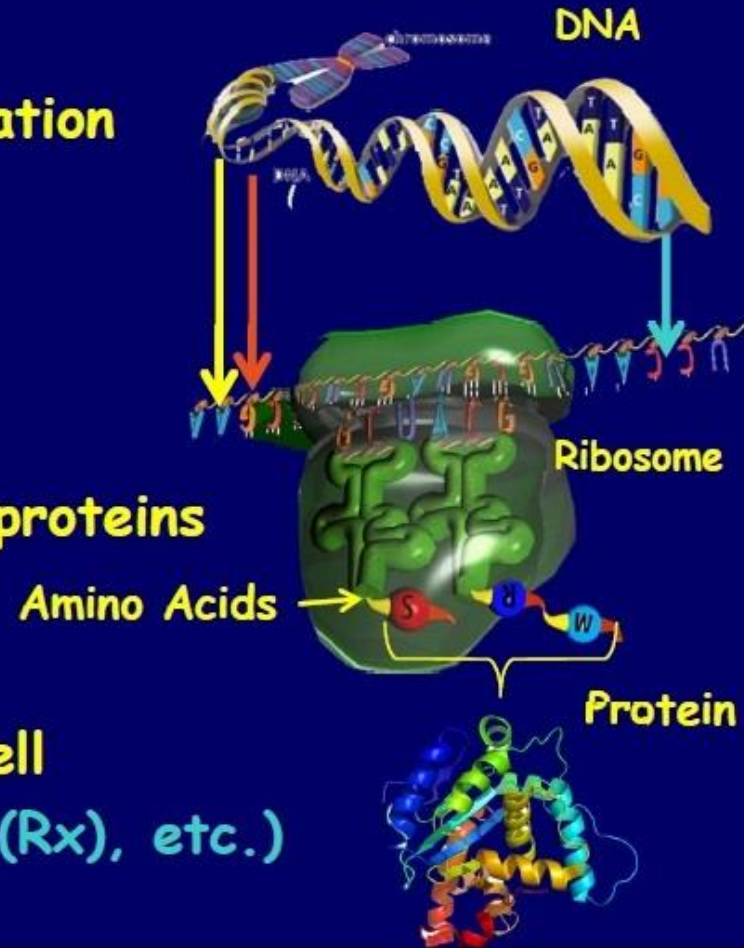
- Through genetic programming of bacteria plasmids
(Synthetic Biology)



Biobricks foundation (MIT) - <http://biobricks.org>

Biological memory and processor

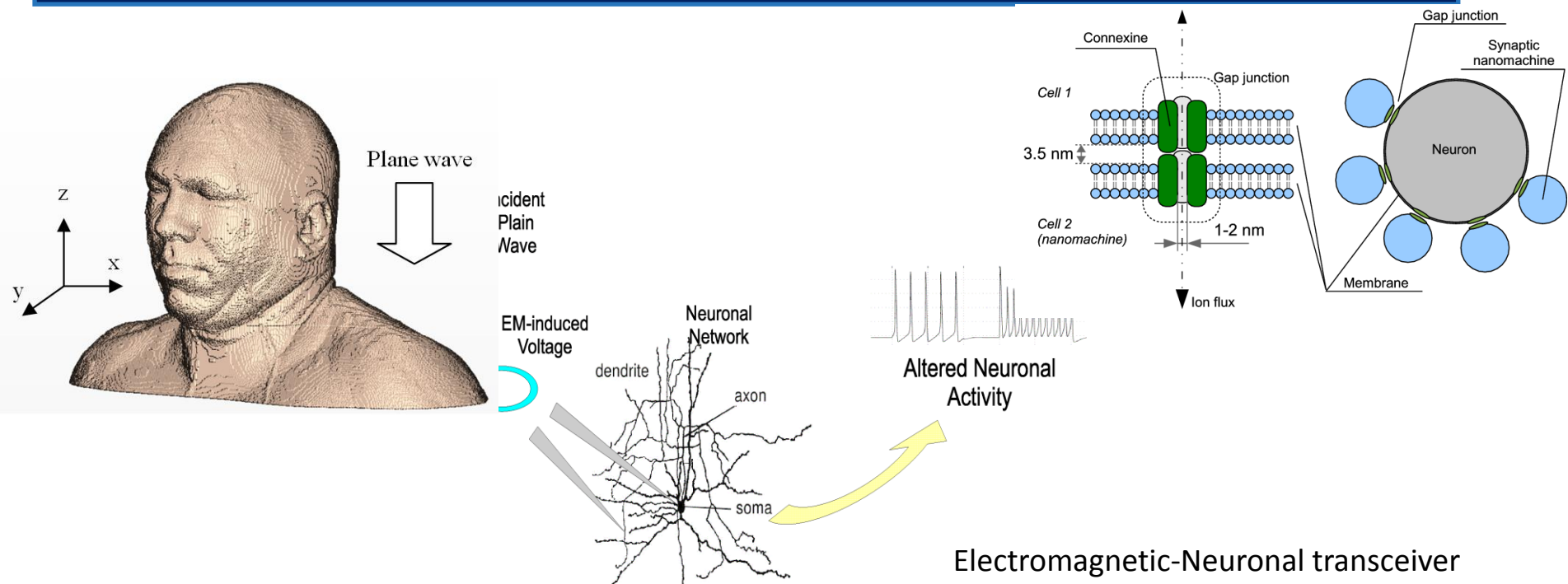
- DNA in the nucleus contains the information of protein structure (memory)
- Ribosomes read and process the DNA information (processor), synthesize the proteins
- Proteins control functionalities of the cell (e.g., cell signaling (Tx), ligand-binding (Rx), etc.)



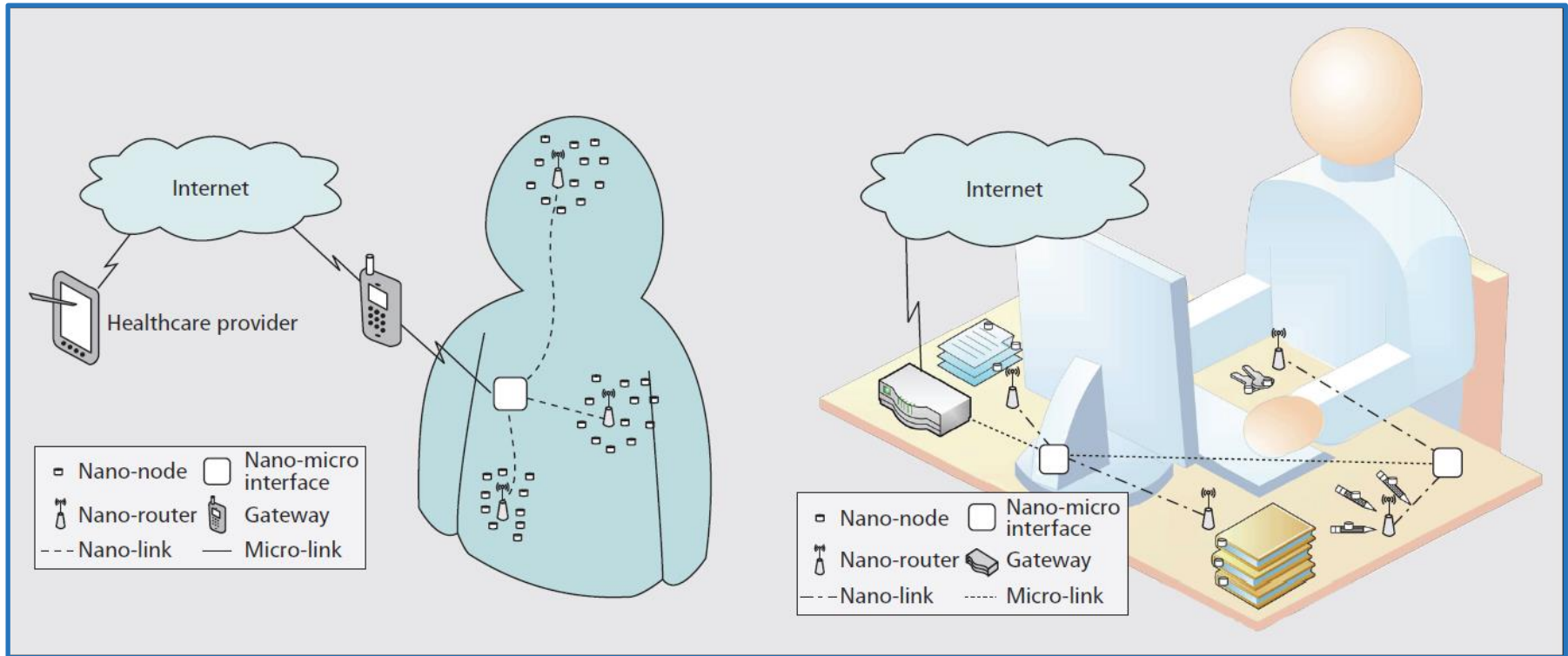
One gram of DNA can store 700 terabytes of data. That's 14,000 50-gigabyte Blu-ray discs!

Nanomachine-Neuronal Communication System

- Neuronal cells are considered part of a transmission system where the information is represented with *Action Potential (AP)* patterns propagating in the neuronal network.
- Computer simulations can be performed using a digital model in a single volume of tissue (*Voxel – volumetric pixel*).
- Extended NEURON simulator and data from the BigBrain project.



Micro-Nano Internet of Things



Network and service discovery challenges

- Network architecture
 - intrabody agents: DNA, bacteria, bio-graphene, etc.
 - nano-nodes: smallest and simplest nanomachines
 - nano-routers: comparatively larger computing resources
 - nano-micro interface devices: hybrid communication and computing devices
 - gateway: e.g., smartphone interfaces nano-micro devices
- Reliability and service discovery
 - end-to-end reliability: nano-node failure, transient/burst/absorption effects in molecular nodes
 - latency

High speed communication challenges

- Transceiver
 - antennas: graphene-plasmonic metamaterial -> optical characteristics
 - frequency bands: mm-wave band, THz-band
 - modulation schemes: pulse based w/ 10^{-15} sec duration w/ PPM
 - coding for secure communications: : i) redundancy removal, ii) map from given data distribution to a uniform distribution, iii) chaotic map, and iv) simple encryption method
- Channel modeling
 - path-loss: biological environment – free space
 - noise: molecular absorption color noise, signal dependent noise)
 - bandwidth and channel capacity: large bandwidth -> Tbits/s
- Protocols
 - asynchronous MAC w/ simpler CSMA-CD
 - addressing: unique ID, DNA-logic
 - routing: multi-hop; network discovery and service

